Men and Boys Programme  
(Under the Victim Empowerment Programme)

This programme is part of the proposed solutions to eradicate Gender-based Violence. It helps men to look at their fears, insecurities, problems etc. that leads them to be Perpetrators of Gender-based Violence. It also looks at the re-socialization of men, as they will be responsible fathers and partners and members of our society.

Men are also taught to express their feelings without any fear of losing their manhood (you are a human being first before you are a man; therefore you are entitled to express feelings, whether of sorrow or happiness). The programmes also look at the early socialization of the boy child with regard to the healthy interaction with the girl child and other boys.

The service is offered through individual counselling, groups, workshops or seminars and awareness campaigns depending on the need or needs.

Who is entitled of the service?

- Any man or the boy child

Criteria to receive the service?

- Voluntary and Court mandated referrals
# Database of Men’s Organizations

**Gauteng Department of Social Development**

<table>
<thead>
<tr>
<th>No</th>
<th>Name of Organization</th>
<th>Contact Person</th>
<th>Contact Numbers / E-mail Addresses</th>
<th>Office Address / Service Area</th>
<th>Description / Services / Programmes</th>
</tr>
</thead>
</table>
| 1  | MEDSA – Men for Development South Africa    | Mr. Ozee Phiri Executive Director | 082 666 5884 / 084 981 8863         | 3699 Freedom Drive, Bophelong Clinic, Ext 2, Ivory Park Servicing City of Jhb and City of Tshwane | MEDSA is a Non-Profit Organization whose focus is to implement programs that are geared to prevent violence against women and children, HIV/AIDS, Child Abuse and Irresponsible Alcohol Usage with added emphasis on providing basic services to victims of abuse and to assist perpetrators through the process of change.  
**A. Awareness and Prevention Program (APP)**  
1. Community Outreach Program (COP): Targeting men in community wards  
2. School Intervention Program (SIP): Targeting male learners  
3. Tavern Intervention Program (TOP): Targeting men in |
### B. Counselling Program
- Individual counselling
- Couple counselling
- One on One counselling
- Telephonic counselling
- Trauma Debriefing
- Anger Management classes
- Self-Awareness classes
- Support groups

<table>
<thead>
<tr>
<th>Number</th>
<th>Organization</th>
<th>Contact Person</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>SAMAG – South African Men’s Action Group</td>
<td>Mr. Mokhethi Ranthako</td>
<td>011 - 872 1499 073 634 9616 <a href="mailto:Samag@live.co.za">Samag@live.co.za</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Programmes Manager</td>
<td>247 President Street, Germiston, Standard Bank Building</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:Samag@live.co.za">Samag@live.co.za</a></td>
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**SAMAG** is a human rights organization committed to the promotion, protection and realization of the rights and freedoms of the people of South Africa through Dialogues, Forums, Information Sessions, Networking, Education, Awareness and Campaign activities.

**SAMAG has three key programmes which are:**
- HIV and AIDS and STI’s
- Men’s Health Programme
- Gender and Human Rights

Programmes are rendered by means of: individual counselling and support group sessions, education and awareness.
| 3 | **Banna Buang** | Mr. Simon Ndlovu  
**Director** | 084 743 4430  
016-988 1320 (number of  
Sebokeng Court)  
Simon.ndlovu@gmail.com | Sebokeng Court  
Office No: AD27  
Servicing the  
greater Vaal  
area |

**Banna Buang** is an organization that encourages Men and Boys to openly Talk about their problems. BB seeks to give males an open platform to pro-actively talk about gender based domestic violence and abuse challenges. Allowing men to speak with confidence and courage about the challenges they are facing every day, including their experience of abuse and violence.

**Services**
- Counseling and Support
- Service Referral
- Family Support Services
- Challenge Camps
- Boys School Visits
- Awareness Campaigns
- Life Skills Training
  - Anger Management
  - Assertiveness Thinking
  - Self Awareness / Choices
  - Court / Justice Process
  - DVA act / VEP
  - HIV/AIDS + partner impact

**Programmes**
- Men Speak Out 365 days
|   | ADAPT | Mr. Peter Mahani  
Social Worker / Programmes Co-ordinator  
Mrs. Irene Khumalo  
Executive Director | 011 - 440 5615 / 011 - 440 4047  
076 313 0805  
adapt@worldonline.co.za | Health Centre in Alexandra  
Servicing the Alexandra area | ADAPT is a non-profit organization based in Alexandra township, working toward creating a society free from gender-based violence.  
**Counselling and Support Groups:** individual and group support to survivors and perpetrators of GBV, including couple therapy  
**Training Workshops and Seminars:** providing legal, gender sensitivity and trauma counselling training; Providing gender sensitivity training and life skills education for young people in and out of school; Gathering, documenting and disseminating information about GBV. Gender sensitivity and trauma counselling training for men; Workshops, seminars and conferences on gender related matters and the role of men in combating GBV.  
**Community Empowerment and Engagement:** initiating and supporting economically viable micro-enterprises for survivors of |
<table>
<thead>
<tr>
<th></th>
<th>Akasosha Men’s Forum</th>
<th>Mr. Thomas Khumalo</th>
<th>072 755 9078</th>
<th><a href="mailto:Akasosha@gmail.com">Akasosha@gmail.com</a></th>
<th>Extension 3, Soshanguve</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Director</td>
<td></td>
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**AKASOSHA** is a men’s forum which was established in 2008 by Akasia Police Station and Community Police Forum under the auspices of the Department of Safety and Security. The forum services the areas of Akasia and Soshanguve thus abbreviated as Akosha and the motto is “Men break their silence”.

**Objectives and Services**
- Organizing men in their diversity for voluntary membership, 18 years and above.
- Addressing moral regeneration.
- Networking with other

GBV; Advocating the eradication of GBV through regular events, posters, pamphlets, radio and television talk shows, theatres and other art forms. Encouraging positive role models for boys through initiatives such as the best father’s competition and mentoring programme; engaging men in community development issues through a men’s forum; Educating men about gender issues.
|   | Carroll Shaw Memorial Centre (Men’s Shelter) | Mr. Oupa Bila  
Project Manager | 073 155 4890  
csmem@netactive.co.za  
matsombuli@gmail.com | Randfontein  
Farm  
Servicing the greater South Africa | **Carroll Shaw Memorial Centre** is a shelter for men with the Registration No: 007-539-NPO serving the greater South Africa, on issues of violence against men, women and children and victims of crime.  

**Services:**  
- Information and referrals  
- Counselling  
- Research  
- Legal Advice and Court Support  
- Training in Counselling Skills  
- Educational Workshops and Talks  
- Lobbying and Campaigning  
- Community Outreach |
<table>
<thead>
<tr>
<th>No.</th>
<th>Organization</th>
<th>Area Manager</th>
<th>Supervisor</th>
<th>Program Facilitator</th>
<th>Contact Details</th>
<th>Location</th>
<th>Program Details</th>
</tr>
</thead>
</table>
| 7   | NICRO        | Ms. Alida Boshof | Mrs. Thea Geldenhuys | Ms. Diniwe Mhlanga | 082 541 0498 alida@nicro.co.za 082 499 5649 thea@nicro.co.za 012-326 8116 mhlanga@nicro.co.za | Gauteng | - Awareness Programmes  
- Family Re-unification  
**Men’s Shelter:**  
- Overnight and weekend  
- Men from abusive circumstances  
- Life skills training  
- No men under the age of 19 years  
- Capacity of 20 residence  

**The NICRO IPV Program (Intimate Partner Violence Program)**  
- 5 phases  
- 36 sessions over 6 months  
- Pre-group phase: 2 sessions  
- Phase 1: 6 sessions  
- Phase 2: 18 sessions  
- Phase 3: 5 sessions  
- Phase 4: 5 sessions  
- Court mandated referrals and voluntary referrals